



OPEN MOVEMENT offers free space in Performance Space New York's theaters every Sunday from 12pm-6pm. Every other week there will be a workshop led by rotating "artists/practitioners" (to be interpreted openly). The space is intended for movement-based practices. Reservations are encouraged but not required.

ETHOS

No experience of any kind is necessary. All are welcome. The space is open for any body to use for personal practice, dance, workshops, rehearsals and physical gatherings. Workshops are developed to highlight & encourage self-proclaimed movement practices that focus on interior processing and group exploration. The space is shared and interaction is encouraged with respect, thoughtfulness and communication at the forefront.

DIVERSITY STATEMENT

Open Movement actively seeks to assemble diverse cohorts. Open Movement does not discriminate on the basis of race, age, religion, gender expression, sexual orientation, national origin, citizenship status, marital status, veteran status, medical conditions including HIV, or sensory, physical, or mental disability.

PROXIMITY & CONSENT

We aim to support a consent-based culture. Consent culture is a culture in which asking for and seeking consent is normalized and supported. It involves following people's "yes" rather than waiting for someone's "no" in all aspects of moving in proximity to one another in a shared space. We agree to reach for these with the knowledge that it will not be perfect. Workshops may involve some risk both physically and emotionally so we encourage you to speak to one another openly. Open Movement seeks to provide a base level of safety with the understanding that a certain amount of risk is inherently part of the practice.

ACCESSIBILITY

- Spaces are located on the 4th floor with elevator access, gender neutral restrooms and a sprung floor.
- Vaccination is required and masks must be worn at all times.
- Open Movement will also be offered via zoom.
- If you have accessibility questions please reach out to: monica@performancespacenewyork.org

BOUNDARIES

- The theater will be open from 12pm to 6pm.
- This is not a painting studio.
- Toxic fumes of any kind are not welcome.
- Be mindful of those sharing the space with you.
- If you need sound, headphones are encouraged.
- If you are having an issue please reach out to one of the contacts below.

If you're not in agreement, let's talk, because we might be missing something.

CONTACT

- Monica Mirabile - monica@performancespacenewyork.org
- Ana Sepulveda - ana@performancespacenewyork.org

PERFORMANCE SPACE NEW YORK
150 1ST AVENUE NY, NY 10009 212-477-5829
PERFORMANCESPACENEWYORK.ORG